

## Create Your Own Tincture with Nicholas Copley at Kingwood Center Gardens

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Join Nicholas Copley of Lionheart Medicinal Gardens for this herbal extract make and take workshop.



A tincture is a concentrated liquid form of a herb that is easy to make and easy to take. Tinctures preserve and concentrate the properties of the herb, making them more effective and longer lasting.

Join Nicholas Copley to learn more about these healthy potions.

Saturday, June 30th  
12:00pm-1:30pm

Non-Members \$25, Members \$20, Volunteers \$22

Kingwood Center Gardens  
Assembly Room  
50 N. Trimble Rd., Mansfield

*Photo Credit: Facebook Event Page*

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