Healthy Cooking with Anne Massie of Altered Eats at Kingwood Center Gardens

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This healthy cooking class is taught by Anne Massie of Altered Eats.



Anne will focus on dressing up seasonal vegetables. The class includes printed recipes, samples of several dishes and a live cooking demo with healthy eating pointers. Anne will demonstrate a delicious strawberry basil dressing, sauces for veggie dipping, and give pointers for creating your own personal dressing that your family will love!

Friday, June 1st
6:00pm-7:30pm

Fees:
Non-members: $50
Members: $45
Volunteers: $40

Click **HERE** to register.

Kingwood Center Gardens
50N Trimble Rd., Mansfield

Photo Credit: Facebook Event Page

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