

Intro to Herbs and Medicine with Nicholas Copley of Lionheart Medicinal Gardens

2017-11-09 14:20:57 by MelissaH0243

Ever wanted your own personal apothecary? Think-Ability Rehab Services will be hosting a series of workshops and classes, presented by Nicholas Copley of Lionheart Medicinal Gardens in Mansfield, on identifying, preparing, and using medicinal herbs!



Join us in November for our first class! Learn what different herbs are used for, as well as the internal workings of the human body. Learn how various herbs help heal your body and enable it to function!

Reserve your spot now as space is limited! Ticket purchase required in advance. All supplies will be provided for you to take home!

Saturday, November 11th
2:00pm-4:00pm

Think-Ability is a Physical Therapy company located in Ontario next to Dunkin Jewelers. We will host additional workshops on mixing medicinal teas and how to brew things, such as teas, salves, or tinctures, to reduce inflammation or strengthen the immune system. SIGN UP with your email to be notified of upcoming events!

Think-Ability can be reached at:
(419)524-4700
www.think-ability.com
www.facebook.com/thinkrehab

Nicholas earned his herbalist's certification from Mockingbird Meadows Farm & School in Marysville, Ohio under the instruction of Dawn Coombs in 2010. He is currently studying to

receive his Life Coach certification with a focus on Mental Wellness and Sociology at Next Level in Columbus. Nicholas is a personal chef and caterer, utilizing of nutrition, foraging, and growing food, and food prep. He recently started his own catering company called The Forager's Table which offers organic, sustainably grown, and often locally produced food (season permitting, of course). He is available for public and private events.

Lionheart Medicinal Gardens and The Forager's Table can be reached at:

(419)528-9236

nicholas.copley@yahoo.com

www.facebook.com/lionheartmedicinalgardens

Think-Ability Rehab Services

2291 West 4th Street Suite D, Mansfield

Photo Credit: Facebook Event Page

<http://www.mymidohio.com/modules.php?name=News&file=article&sid=472>