A Guide to Safe Trick or Treating

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With Halloween creeping up on us, both parents and can children look forward to a spooky night filled with costumes and candy. While Halloween should be a fun event for everyone, there should be certain safety measures taken when kids hit the pavement in search of some sugar filled goodies. Make sure your kids know the importance of safety on this boo-tiful evening!



It’s fine if your teenagers want to ditch the parents and head out to fill their bags with candy, but younger children should always be accompanied by an adult. When possible, instruct older siblings to help you keep an eye on the younger ones. Try and keep all of your kids on the

sidewalks and out of the streets. When they do enter the streets, make sure that they obey all traffic rules and always use available crosswalks.



If your kids do venture out at night, make sure they carry a flashlight. This will help vehicles to spot them in the dark. Reflective patches or sneakers can also allow for added safety when around roads and driveways. Another good idea to increase your child's visibility is to give him or her some of those neon glow sticks. Parents of very young children should take toddlers and babies out early to get their trick or treating done while it is still light outside.

It's best if your kids stay in familiar neighborhoods. They should only approach houses that are have their porch light on and are well lit. If you send your kids out alone, give them a curfew that they must return home by. Older kids should have a cell phone should you need to contact them.

All Costumes should be made of bright colors to be easily visible at night. Costumes should be flame-retardant and not too long to avoid tripping. Try to avoid given younger children fake guns or swords. Masks that may obstruct your child's vision are not recommended, try and stick to make-up or face paint.

When the kids return home with their bag full of booty, don't let them eat indulge before checking each piece of candy for signs that it may have been opened or tampered with. In general, it's best not to accept homemade food from strangers.

Most importantly, be aware of your surroundings and report any illegal or mischievous activity to your local police department. Take these simple precautions along with a little common sense and you'll be sure and have a safe and enjoyable Halloween!

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