Glow Walk through Woodland with Just Walk Richland

2017-10-22 12:30:02 by MelissaH0243

Come stroll through the Woodland neighborhood with us and deck yourself out in festive glow attire, we may even pass some zombies along the way!



We'll be coupling this walk with a Slow Roll bike ride with everyone meeting at Old Bag of Nails for conversation and refreshments afterward.

Meeting Location Details:

How to Find Us: We'll meet in the parking lot of Richland Public Health; you'll see people with bikes there too.

Parking: Available in lot

Breaks, Restrooms: RPH building will not be open. Restrooms will be available at Old Bag of Nails after.

Consider Bringing:

• Comfortable socks and good traction athletic footwear (pref. NON cotton socks)

• Light backpack w/water

• Bring many thinner layers depending on anticipated temperature

TYPE: Neighborhood Walk
PACE: Conversational
TERRAIN: Paved streets and sidewalks
DIFFICULTY: Easy to Moderate
DISTANCE: Approximately 3mi
TIME: About 1 1/2 hours

Monday, October 23rd
6:30pm-8:00pm

Richland Public Health
555 Lexington Ave., Mansfield

Photo Credit: Facebook Event Page

http://www.mymidohio.com/modules.php?name=News&file=article&sid=456