3rd Annual Spherion Mid Ohio 13ER Half Marathon

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The Spherion Mid Ohio 13er is a half marathon and 5k fun run that brings friends, families, and communities together to raise funds and awareness for drug addiction prevention!



There will be children's activities, food, and entertainment at the Start/Finish line.

5 Ways to be involved!

- 1. Run the 1/2 Marathon- enjoy a semi-challenging, but a very rewarding route that takes you through the rural city, historic parks and monuments, a shaded bike trail, Redemption Hill, a quiet neighborhood lined with historic mini- mansions, and back to the heart of downtown. Registration Price Includes:
- -Swag Bag
- -Timed Run/Bib
- Professional Photos
- Long-Sleeve, Dri-fit race shirt
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- Completion Medal
- Age Division Awards
- Hospitality after race fuel
- Local coupons and discounts for participants
- The chance to join over 500 past runners to support your local community and take a stand against addiction
- 2. Walk, Run, Trot, push a stroller or dance your way through our UPDATED 5k Route. Start at the heart of the city in downtown Mansfield, run up the historic original Lincoln Highway past famous movie locations (Shawshank Redemption), through a shaded and beautiful park, past the historic Block House and Johnny Apple-seed Monument and back to the heart of downtown. Families and walkers welcome!

Registration Price Includes:

- Swag Bag
- Timed Run/ Bib
- Professional Photos
- Tee-shirt race shirt
- Completion Medal
- Age Division Awards
- Hospitality after race fuel
- Local coupons and discounts for participants
- The chance to join over 500 past runners to support your local community and take a stand against addiction

3. **NEW THIS YEAR**

Memory Mile benefiting the Starfish Project of Richland County, Inc.

Walk a mile in support, memory, and unison for those who have lost the battle or are fighting the battle of addiction. Donate the gift of your choice to participate and walk an easy mile around downtown.

4. Volunteer

Grab your family, friends or co-workers and join us in helping with set-up or tear-down, water stations, man a booth, security, parking, finish line medals and water and much more. All volunteers must register through our website and will receive a tee-shirt to wear the day of and keep as a thank you for your time and support!

5. Watch the Race!

Stand and cheer for all of our great runners and participants. Make a race encouragement sign at our FREE sign station. Enjoy local vendors, food trucks, music and much more! Have your little one run our 13er Mini (open to kids 10 and under) or enjoy a bounce house and other fun activities!

Register today to walk, run or stroll through the Spherion Mid Ohio 13er's beautiful race course today!

For more info and to register click **HERE**

MyMidOhio

http://www.mymidohio.com

Packet Pickup:

Saturday, Sept 9th starting at 6:30am in front of Richland Bank in downtown Mansfield (3 N. Main St.)

Awards:

Stick around to see how you ranked. 5k awards will be presented at the Finish Line at 10am. 13er awards will be presented starting at 10:30am at the Finish Line.

Saturday, September 9th 7:00am-12:00pm

Photo Credit: Facebook Event Page

http://www.mymidohio.com/modules.php?name=News&file=article&sid=410