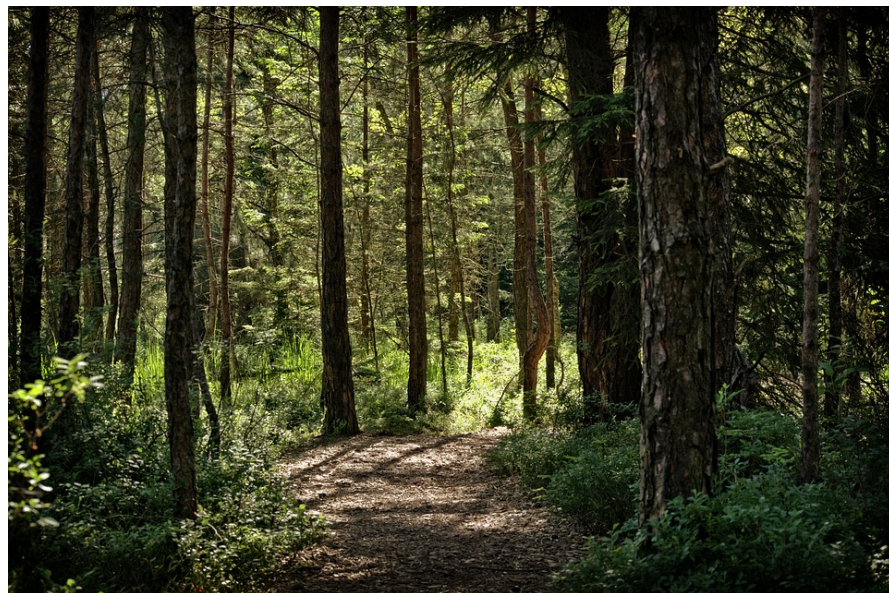


Mowana 5K Run Through the Pines at Camp Mowana

2017-07-07 07:19:37 by MelissaH0243

Enjoy a Family Friendly 5K Race Through the Pines at the Beautiful Camp Mowana.



When:

Saturday, July 8, 2017 @ 9:00am

Location:

Camp Mowana, 2276 Fleming Falls Road, Mansfield, Ohio 44903.

Office: (419) 589-7406, Cell: (614)636-4414

Directions:

Camp Mowana is located just north of Mansfield, Ohio, off of State Route 42. Upon turning onto Fleming Falls Road, follow the road approximately 1/4 mile to the camp entrance on your right.

Registration:

By mail or on-line registration available at ohioraceday.com/races.

On-line registration closes at 8pm on Thursday, July 6th.

Race day registration will be available from 8:00 am to 8:45 am.

All proceeds will go to provide "camperships" for youth who cannot afford to attend camp.

Camp Mowana is a 501c(3) charitable organization.

Entry Fee:

For 5K Run or Walk is \$25.00 pre-registered, \$30.00 race day.

Family total of \$80 for (4) people when pre-registered.

You are NOT guaranteed a T-shirt if you register after 1 p.m., Wednesday, June 28, 2017. If the

online option is still there to
select a shirt, most likely they are still available.

Virtual Runner:

Go online to www.lomocamps.org and run along with an actual runner's video from the race in 2015!

Awards:

5K Run— the top three male & female will receive awards plus the top two in each age group: 9 & under, 10-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

5K Walk— the top two male & female will receive awards

FREE — Kid's Fun Run at 8:30am: Every child gets an award!

Course:

The course is a Cross-Country course. You will run through a barn, by a tee-pee, through the pine forest, and on the ridge of a waterfall. It is a very scenic course. The run and walk will cover the same route.

After the Race:

Post race refreshments plus the swimming pool will be open from 9:30am-11:30am, so bring your family and have a great time together in this beautiful 183 acre setting!

For more information, please go online to www.lomocamps.org or
<http://ohioraceday.com/races/run-through-the-pines-5k/>

Questions? Contact Mike Schaefer at mschaefer@gmail.com or call 614-636-4414 for details

[results will be posted to ohioraceday.com]

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<http://www.mymidohio.com/modules.php?name=News&file=article&sid=334>