

Local Harvest: Ohio Harvest Schedule

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LEXINGTON, OH - Ever wonder when is the best time to buy local produce? Visiting your farmers market is fun and can provide a bounty of fresh locally grown produce that would otherwise already be days if not weeks old if bought from the grocery store.

Here in Richland and Ashland county the following is a traditional harvest schedule for the various fruits and vegetables that are grown locally and can be a good guide to what to expect.



Late April

Asparagus, Spinach

Early May

Asparagus, Spinach

Late May

Asparagus, Peas, Spinach, Strawberries

Early June

Asparagus, Cabbage, Cherries, Peas, Snap Peas, Spinach, Strawberries

Late June

Asparagus, Blueberries, Cabbage, Cherries, Cucumbers, Onions, Peas, Potatoes, Snap Peas, Spinach, Squash, Strawberries

Early July

Blackberries, Blueberries, Broccoli, Cabbage, Corn, Cucumbers, Eggplant, Lima Beans, Nectarines, Onions, Peaches, Peas, Potatoes, Raspberries, Snap Peas, Squash, Tomatoes

Late July

Apples, Blackberries, Blueberries, Broccoli, Cabbage, Corn, Cucumbers, Eggplant, Lima Beans, Nectarines, Okra, Onions, Peaches, Potatoes, Raspberries, Snap Peas, Squash, Tomatoes

Early August

Apples, Blackberries, Blueberries, Broccoli, Cabbage, Corn, Cucumbers, Eggplant, Lima Beans, Nectarines, Okra, Onions, Peaches, Pears, Potatoes, Raspberries, Snap Peas, Squash, Tomatoes

Late August

Apples, Broccoli, Cabbage, Corn, Cucumbers, Eggplant, Grapes, Lima Beans, Nectarines, Okra, Onions, Peaches, Pears, Potatoes, Raspberries, Snap Peas, Squash, Tomatoes

Early September

Apples, Broccoli, Cauliflower, Corn, Cucumbers, Eggplant, Grapes, Lima Beans, Nectarines, Okra, Onions, Peaches, Pears, Potatoes, Raspberries, Snap Peas, Squash, Tomatoes, Turkey - Bourbon Red, Turkey - Standard Bronze

Late September

Apples, Broccoli, Cabbage, Cauliflower, Corn, Eggplant, Grapes, Lima Beans, Okra, Onions, Potatoes, Pumpkin, Raspberries, Snap Peas, Squash, Tomatoes, Turkey - Bourbon Red,

Turkey - Standard Bronze

Early October

Apples, Broccoli, Cabbage, Cauliflower, Eggplant, Lima Beans, Okra, Potatoes, Pumpkin, Snap Peas, Tomatoes, Turkey - Bourbon Red, Turkey - Standard Bronze

Late October

Apples, Broccoli, Cabbage, Cauliflower, Lima Beans, Pumpkin, Snap Peas, Turkey - Bourbon Red, Turkey - Standard Bronze

Early November

Broccoli, Cabbage, Cauliflower, Snap Peas, Turkey - Bourbon Red, Turkey - Standard Bronze

Late November

Broccoli, Cauliflower, Snap Peas, Turkey - Bourbon Red, Turkey - Standard Bronze, Wreathes

Early December

Cauliflower, Snap Peas, Turkey - Bourbon Red, Turkey - Standard Bronze, Wreathes

Late December

Snap Peas, Turkey - Bourbon Red, Turkey - Standard Bronze, Wreathes

While I realize wild turkeys are not a fruit nor vegetable they are an Ohio staple and there are many free range turkey farms in the area that offer fresh locally raised turkeys for the holidays.

Sources:

<http://www.simplesteps.org/eat-local/state/ohio>

<http://www.mymidohio.com/modules.php?name=News&file=article&sid=20>